## Clinician's view of Benefit-Risk

### Gordon Francis, MD Novartis, Clinical Development

## Clinician's View of Benefit-Risk: a need for reliable metrics

• A tale of 3 drugs

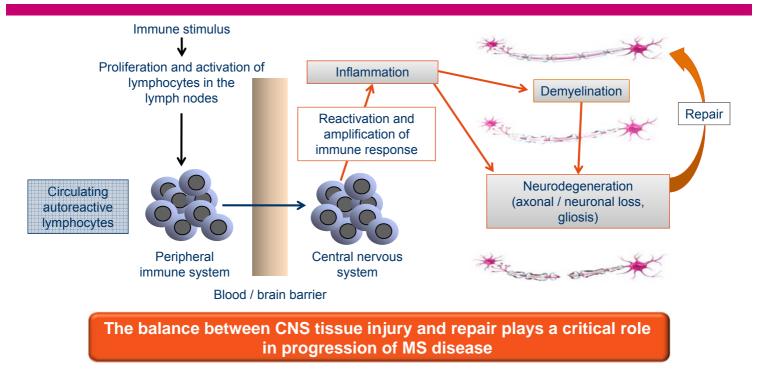
- Natalizumab
  - MS
  - Crohn's Disease
- Fingolimod in MS
- Cladribine in MS

### *MS* – *the disease*

## Multiple Sclerosis

- Chronic dysimmune inflammatory disease of the CNS
  - Genetic and environmental factors likely relevant
- Affects up to 2.5 million people worldwide (~400,000 US)
  - Caucasian predominance
  - Typical onset 20 to 40 years of age (median 29)
  - Female preponderance (2:1 ratio)
- Disease has profound effects on an individual's daily activities
  - Uncertainty regarding prognosis
  - Quality of life reduced early in the course of the disease
  - Cognitive and physical disability associated to relapses and progression lead to severe limitations related to work and social functioning
  - Within 15 years of onset, if untreated, 50% will require aids for ambulation or worse
- Long term, virtually all (≥85% by 25 years) will evolve into an inexorably progressive phase of disease
  - Prevention of disease activity in early stages is likely to positively impact long term disability progression

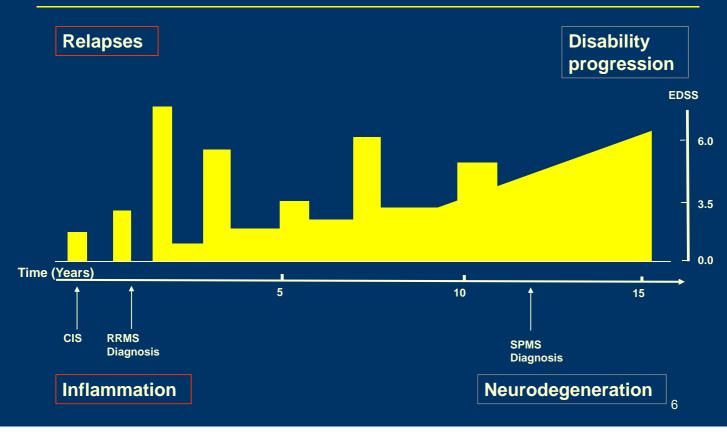
# Therapies are needed that target both inflammation and neurodegeneration



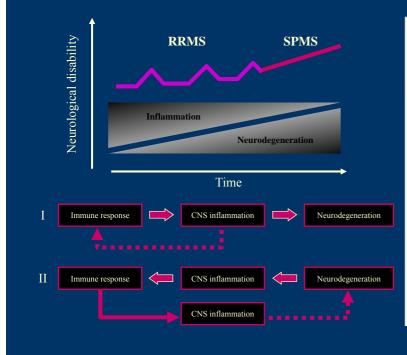
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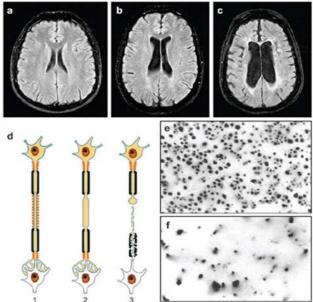
Chun J, Hartung HP. Clin Neuropharmacol 2010; Mehling M et al. Neurology 2010; Aktas O et al. Nature Reviews 2010

## Multiple Sclerosis disease course



## Neurodegeneration

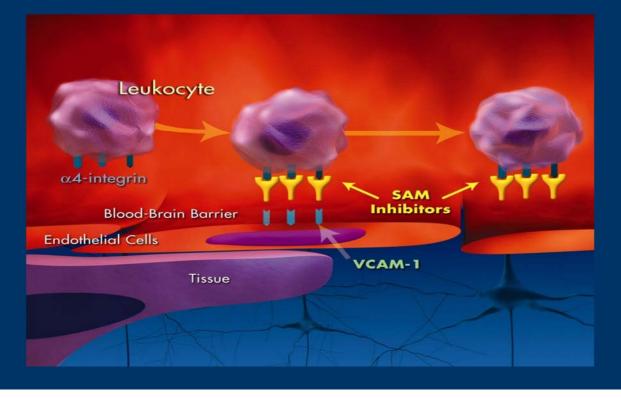




#### Oksenberg JR and Barcellos LF. Genes Immun 2005; Trapp BD and Nave KA. Annu Rev Neurosci 2008

## Natalizumab in MS

## Natalizumab Blockade of adhesion molecule interaction



#### **Natalizumab Ph III Efficacy Summary**

	AFFIRM (n=942, 2-yr data)		SENTINEL (n=1171, 2-yr data)		
	Nataliz. v PBO	Rel. Red.	Nat+IFN vs IFN	Rel. Red.	
ARR	0.23 vs 0.73	67%	0.34 vs 0.75	55%	
Disability	17% vs 29%	42% (1-HR)	23% vs 29%	24% (1-HR)	
Active T2	1.9 vs 11	83%	0.9 vs 5.4	83%	
T1-Gad	0.2 vs 2.4	92%	0.1 vs 0.9	89%	
Brain volume	(n.s. 0-24	mos)			
	Polman CH, et al. N Engl J Med. :	2006;354:899-910.	Rudick RA, et al. N Engl J Med. 2006;354:911-923		
Safety considerations	<ul> <li>PML risk, appears dependent on prior JCV exposure, treatment duration w/ majority of cases after 25-48 infusions</li> <li>Mab removal via PLEX complicated by IRIS (immune reconstitution inflammatory syndrome)</li> <li>Herpes virus infections (post-marketing)</li> <li>Hypersensitivity reactions</li> <li>Rebound activity</li> <li>Persistent anti-natalizumab antibodies in ~6% with decreased efficacy, incr. IRR</li> </ul>				

## Tysabri in MS – US/EU

#### 1.1 Multiple Sclerosis (MS)

TYSABRI is indicated as monotherapy for the treatment of patients with relapsing forms of multiple sclerosis to delay the accumulation of physical disability and reduce the frequency of clinical exacerbations. The efficacy of TYSABRI beyond two years is unknown.

Because TYSABRI increases the risk of progressive multifocal leukoencephalopathy (PML), an opportunistic viral infection of the brain that usually leads to death or severe disability, TYSABRI is generally recommended for patients who have had an inadequate response to, or are unable to tolerate, an alternate multiple sclerosis therapy [see *Boxed Warning*,

## Tysabri in Europe

TYSABRI is indicated as single disease modifying therapy in highly active relapsing remitting multiple sclerosis for the following patient groups:

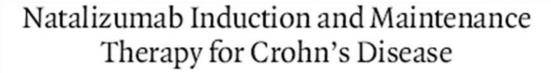
Patients with high disease activity despite treatment with a beta-interferon.

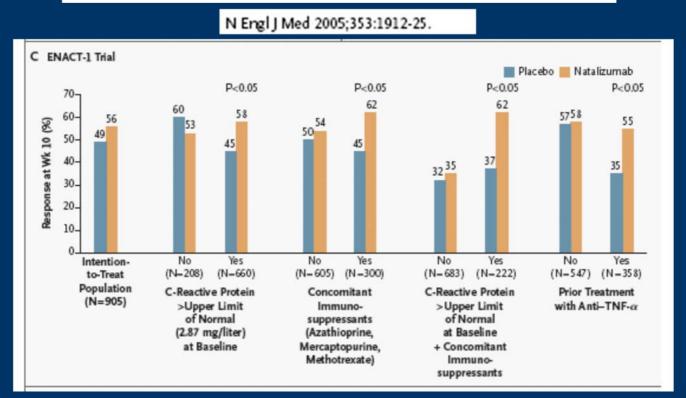
These patients may be defined as those who have failed to respond to a full and adequate course (normally at least one year of treatment) of beta-interferon. Patients should have had at least 1 relapse in the previous year while on therapy, and have at least 9 T2-hyperintense lesions in cranial MRI or at least 1 Gadolinium-enhancing lesion. A "non-responder" could also be defined as a patient with an unchanged or increased relapse rate or ongoing severe relapses, as compared to the previous year.

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 Patients with rapidly evolving severe relapsing remitting multiple sclerosis defined by 2 or more disabling relapses in one year, and with 1 or more Gadolinium enhancing lesions on brain MRI or a significant increase in T2 lesion load as compared to a previous recent MRI.

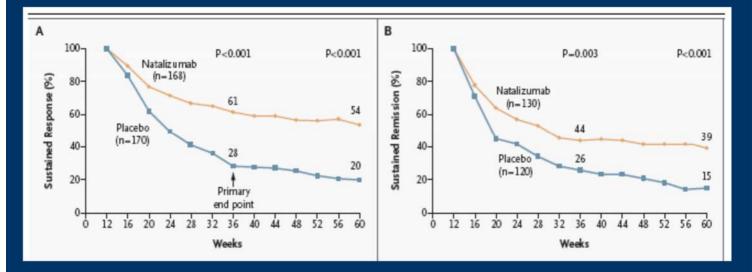
## Natalizumab in Crohn's Disease





#### Natalizumab Induction and Maintenance Therapy for Crohn's Disease





## Tysabri for Crohn's Disease - US

#### 1.2 Crohn's Disease (CD)

TYSABRI is indicated for inducing and maintaining clinical response and remission in adult patients with moderately to severely active Crohn's disease with evidence of inflammation who have had an inadequate response to, or are unable to tolerate, conventional CD therapies and inhibitors of TNF- $\alpha$ . TYSABRI should not be used in combination with immunosuppressants (e.g., 6-mercaptopurine, azathioprine, cyclosporine, or methotrexate) or inhibitors of TNF- $\alpha$  [see *Boxed Warning, Warnings and Precautions (5.1)*].

## Tysabri for Crohn's Disease - EU

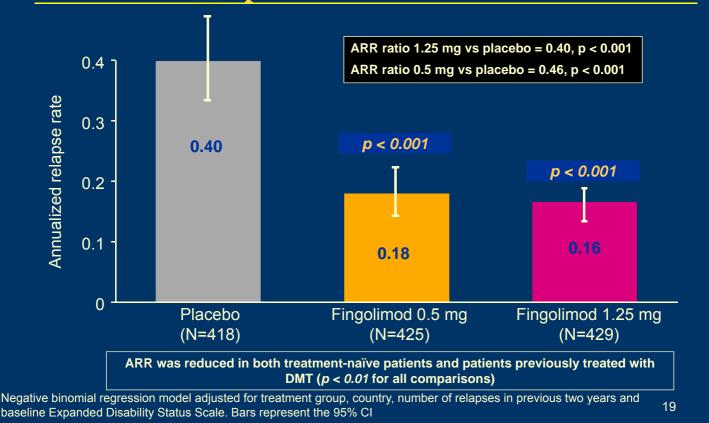
The applicant has not convincingly demonstrated efficacy with regard to maintenance of remission in the proposed restricted population failing prior therapy with corticosteroids, immunosuppression and TNF-alpha inhibitor therapy.

The proposed risk management measures proposed by the applicant are considered insufficient to reduce the risk to an acceptable level.

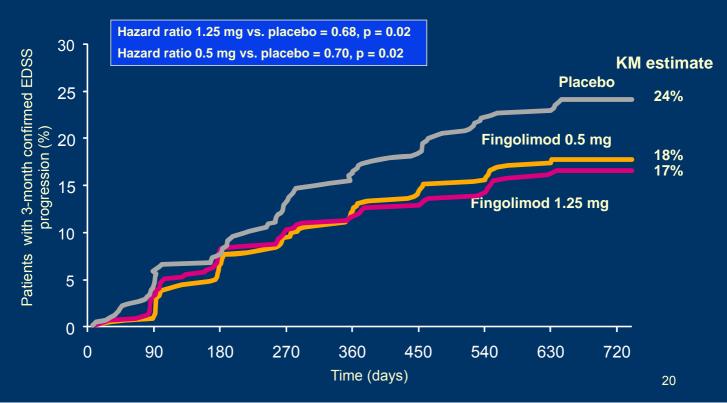
Having considered the grounds for the re-examination from the applicant, the discussion during the Ad-Hoc Expert Group meeting and the CHMP members' discussion during the oral explanation, the CHMP is of the opinion that the benefit/risk for Natalizumab Elan Pharma in the claimed indication remains negative.

## Fingolimod

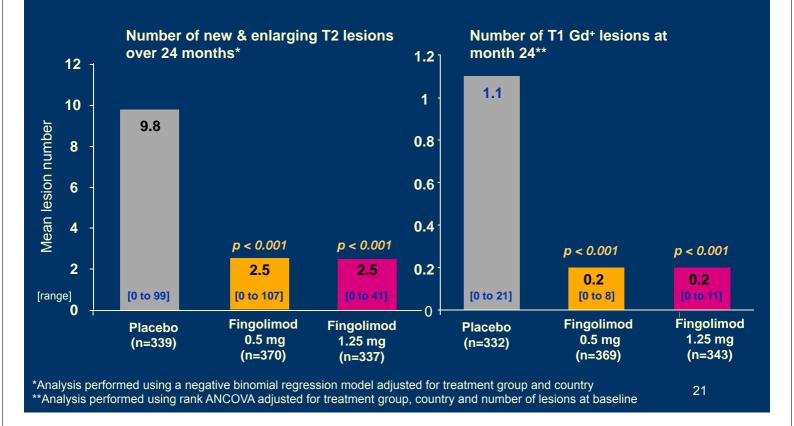
#### **FREEDOMS - Primary Endpoint: Annualized Relapse Rate**



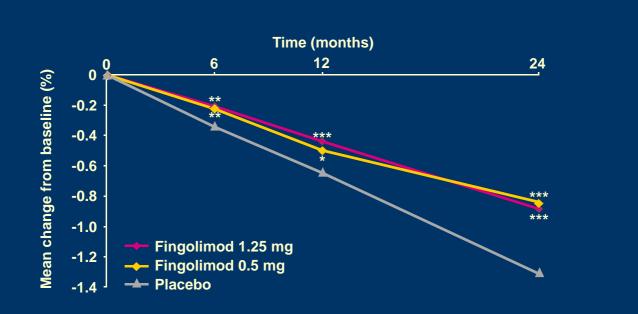
### FREEDOMS - Time to 3-month Confirmed Disability Progression



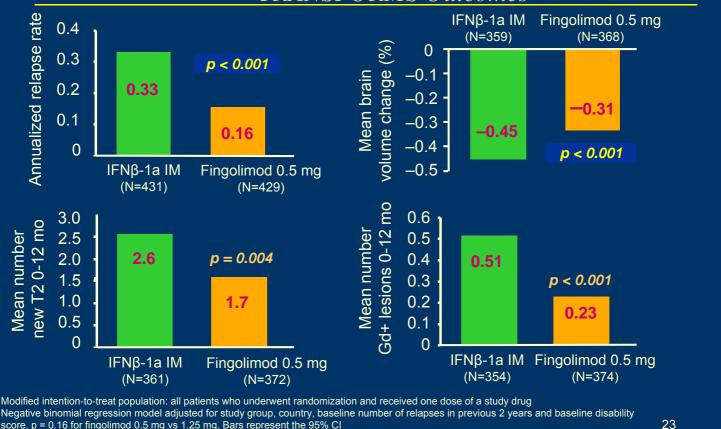
### **FREEDOMS - MRI lesion activity**



### **FREEDOMS - Brain volume change**



#### Efficacy Compared to an Approved 1<sup>st</sup>-line Therapy -**TRANSFORMS** Outcomes



score. p = 0.16 for fingolimod 0.5 mg vs 1.25 mg. Bars represent the 95% CI Analysis included patients with available magnetic resonance imaging (MRI) scans

#### **Fingolimod Adverse Event Experience**

	Phase III placebo-controlled (D2301)			All studies+	
	Disselse	Fingolimod		Fingolimod	
	Placebo	0.5 mg	1.25 mg	0.5 mg	1.25 mg
Number of patients	418	425	429	1176	1302
Exposure (pt-years)	703.2	750.2	682.8	1878.0	2218.3
Event, N (%)					
At least one adverse event	387 (92.6)	401 (94.4)	404 (94.2)	1054 (89.6)	1203 (92.4)
Adverse event leading to study drug discontinuation*	32 (7.7)	32 (7.5)	61 (14.2)	92 (7.8)	186 (14.3)
Any serious adverse event	56 (13.4)	43 (10.1)	51 (11.9)	111 (9.4)	170 (13.1)
Deaths	2 (0.5)	0	1 (0.2)	0	5 (0.3)

<sup>1</sup>Includes all available data from Phase II and Phase III core and extension studies (2201, 2201E1, 2301, 2301E1, 2302 and 2302E1) with treatment durations varying between 1 to 6 years - data cut off from 120 day safety update

Includes events occurring in patients whose primary or secondary reason for discontinuing the study drug was an adverse event (including abnormal laboratory findings)

## Safety Areas of Special Interest

- Pharmacodynamic effects:
  - Bradyarrhythmias on treatment initiation
  - Blood Pressure increase
- Effects of uncertain mechanism:
  - Macular edema
  - Elevations of liver enzymes
- Potential risks related to the immunomodulatory effect:
  - Infections
  - Malignancies

#### **US label for Gilenya**

GILENYA is indicated for the treatment of patients with relapsing forms of multiple sclerosis (MS) to reduce the frequency of clinical exacerbations and to delay the accumulation of physical disability

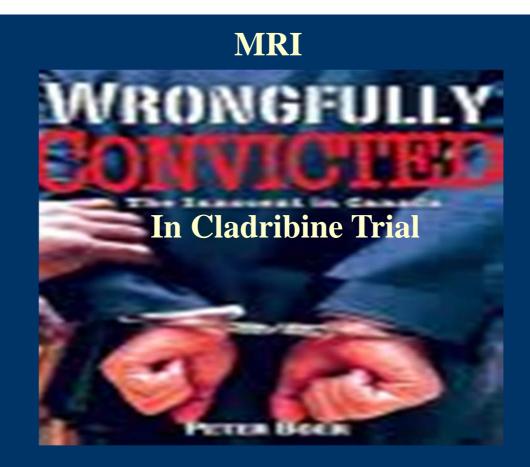
#### **EU label for Gilenya**

#### Gilenya<sup>™</sup> (fingolimod) is indicated as single disease-modifying therapy in highly active RRMS for the following adult patient groups:

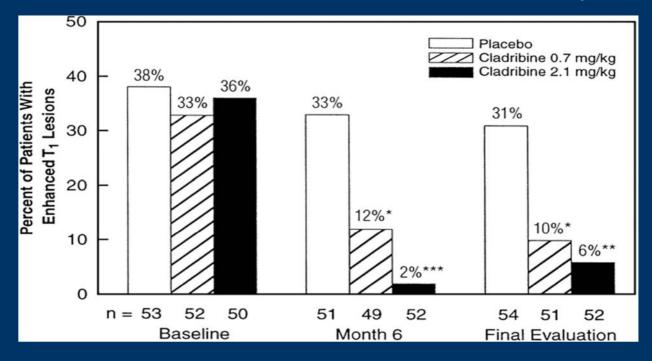
- Patients with high disease activity despite treatment with a IFN $\beta$ 
  - failed to respond to a course of IFNβ, with ≥1 relapse in the previous year, and either ≥9 T2-hyperintense lesions or ≥1 Gd-enhancing lesion
  - non-responder: patient with an unchanged or increased relapse rate compared with the previous year

 Patients with rapidly evolving severe RRMS: ≥2 relapses in 1 year, and ≥1 Gd-enhancing lesion or a significant increase in T2 lesion load

Gilenya Summary of Product Characteristics, 4 April 2011

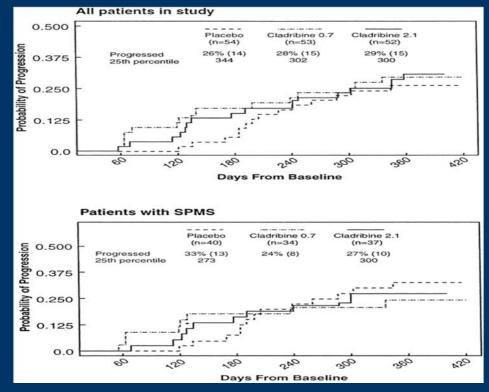


### **Cladribine Phase 2 – MRI activity**



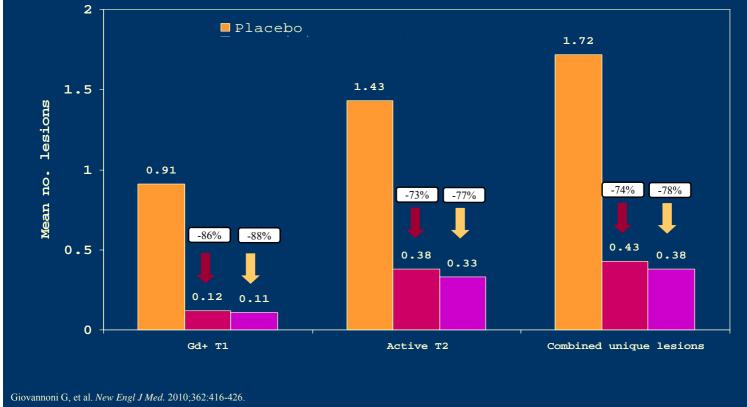


#### **Cladribine Phase 2 - Disease Progression**

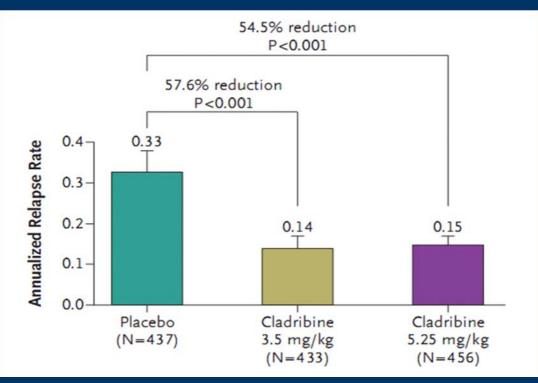




## Phase 3 in RRMS Cladribine vs. Placebo on MRI Activity



## Relapse Rate: Cladribine vs. Placebo



## MRI Declared "Not Guilty" on Appeal The Cladribine Case



## Cladribine in MS

...however

- Jul 2010 Cladribine approved in Russia
- Sep 2010 Cladribine approved in Australia
- Sep 2010 Cladribine rejected by CHMP
- Jan 2011 Cladribine appeal by CHMP rejected
- Feb 2011 FDA rejects approval for Cladribine
- Jun 2011 EMD Serono stops development of cladribine and to withdraw from Russia/Australia

## Other Aspects to Consider in Comparative Risk-Benefit

- Study population
- On-study placebo disease activity
  - Cross-study comparisons
  - NNT / NNH
- Patient perception of benefit and risk

#### Baseline Characteristics and On-study Relapse Rates from Pivotal Phase III Studies

Placebo controlled study	Age (yrs) Mean	Disease Duration (yrs) Mean/(Median)	Relapses in prior 2 years (mean)	Mean EDSS at baseline	% Gd-enhancing lesions on MRI at baseline	On-Study Placebo ARR
Fingolimod FREEDOMS (D2301)** N=1272, 3 arms ~40% previously Rx	37	8.3 (6.8)	2.1	2.4	38%	0.40
Natalizumab AFFIRM N=942, 2 arms 8% previously Rx	36	(5.0)	1.5*	2.3	48%	0.67
Rebif N=560, 3 arms <mark>Rx naïve</mark>	35	7.2 (5.3)	3.0	2.5		1.3
Betaferon N=372, 3 arms Rx naïve	36	4.4†	3.4	2.9		1.3
Avonex N=301, 2 arms Rx naïve	37	6.5 -	1.2*	2.4	54%	0.9
Copaxone N=251, 2 arms Rx naïve	35	7.0 -	2.9	2.6	-	1.7

\*incidence only in prior year reported; \*\* TRANSFORMS (D2302) highly comparable to FREEDOMS † since diagnosis, not onset; n.d .not done, n.r. not reported (done only in subgroup)

#### Benefits and Risks with fingolimod 0.5mg Events avoided/induced per 1000 patients treated

		Number of events			
	Type of Event	Placebo (2 years)	IFN (1 year)		
	Relapses Avoided	440	170		
Benefit	Patients Free of Relapse	233	124		
Be	Patients Free of Disability Progression	56	19		
	Macular Edema	3*	1		
	High-grade AV block	1*	0		
Risk	5-fold ALT elevation	9	0		
R	Hypertension	23	18		
	Pneumonia	3	0		

\* No hubo casos en estudio 2301, data del programa completo

#### Importance of benefit-to-risk assessment for drugs used in MS

Table 5 NNT\*values based on efficacy outcome data for products approved as first-line therapy in relapsing multiple sclerosis

Outcome	IFN β-1b, 8 MIU on alternate days	IFN β-1 a, 30 mcg qw	Glatiramer acetate, 20 mg once daily	IFN β-1 a, 22 mcg tiw	IFN β-1a, 44 mcg tiw	IFN β-1a, 44 mcg tiw versus 30 mcg qw
Relapse count						
1 year	nr	11	nr	2.0	1.6	10
2 years <sup>b</sup>	2.3	7	4.1	2.7	2.4	105
Relapse-free (%)						
1 year	nr	nr	16 <sup>d</sup>	4	3	11
2 years <sup>b</sup>	12/6°	9	15	10	6	13*
Progression-free (%)	13	8	33	13	10	100
No T1 active scans (%)	-	99	14 <sup>d</sup>	3.7 <sup>d</sup>	3.1 <sup>d</sup>	6 <sup>h</sup>

Francis G, J Neurol (2004) 251[Suppl 5], 42-49

#### MS Patient's benefit-risk preferences: SAEs vs. Efficacy

Benefit	PML	Liver Failure	Leukemia	
	Mean (Lower Bound, Upper Bound)	Mean (Lower Bound, Upper Bound)	Mean (Lower Bound, Upper Bound)	
Slow Progression Benefit*	0.31 % (0.26, 0.36)	0.30% (0.23, 0.36)	0.35 % (0.25, 0.44)	
Clinically Relevant Benefit**	0.38% (0.32, 0.43)	0.39% (0.32, 0.46)	0.48 % (0.39, 0.58)	
Largest Tested Benefit***	0.74% (0.68, 0.79)	1.02% (0.92, 1.13)	1.08 % (0.99, 1.18)	

\* Number of relapses in the next 5 years reduced from 4 to 1, time until next disability progression increased from 5 years to 8 years

\*\* Number of relapses in the next 5 years reduced from 4 to 1, time until next disability progression increased from 3 years to 5 years

\*\*\* Number of relapses in the next 5 years reduced from 4 to 0, time until next disability progression increased from 1 year to 8 years

#### Johnson R, et al, J Neurol (2009) 256:554-562

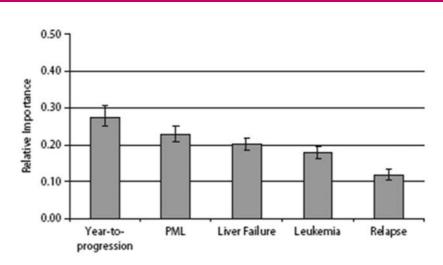


Fig. 3 Relative importance of each attribute (with 95% confidence intervals)

Johnson R, et al, J Neurol (2009) 256:554-562

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## Benefit-Risk: What's needed?

- New metrics
  - Quantifiable, objective, reproducible/reliable
- Consistency between agencies
- Increased consideration of the view of patients faced with the consequences of disease
- Acceptance of risk for benefit
  - "no pain, no gain"