


## I will simply drop thoughts and ideas.

## Find me at the apéro if you'd like to discuss.



## Next generation?



How does that make me feel?


## X-industry collaborations.

WWW. oncoestimand.org

## What is in it for companies?

Shape the landscape.

Access: Thinking of others. Emerging topics.
Impact: On molecule projects. Covid!
Reputation: Talent retention and attraction.

## What is in it for you?

Development opportunity.

## Build: Network. Reputation.

Learn: Content. Lead.

It is fun!

## What to think about:

Do not ask! Start. Experiment.
Find allies: Share burden. Diversity.
No end in itself. Content-driven. Need a problem to solve.

Job title does not matter:
Currency is trust, credibility, capability.

## Learnings:

## Represent industry.

A group cannot write a paper.
Marketing: Webpage. Newsletter. Linkedin.

## Work-life balance.



That was on a Tuesday.
I share my view of course.

## Some hard truths.

If you do not respect your boundaries others won't either.

Who profits if you work more than required? Shareholder!

Who decides how much you put in? You. Exclusively.

20 years from now: only ones remembering you worked late are your kids.

# Managing your time (work vs. private) effectively is key competence in today's work world. 

Efficiency: Track your time, even if you do not have to anymore.

Forces you to

1) set priorities and
2) be efficient.

## Ability to focus: <br> key competence of 21st century. Turn off digital tools.

Your calendar is a proposal how to spend your day. Consciously spend your time.

Flexibility goes both ways. Use it.
Each time you say yes you implicitly say no to other things. Learn to explicitly say no.

Work life is a marathon, not a sprint.
Plan to reach the finish line.


# Thank you for your attention. 

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## Doing now what patients need next

## $R$ version and packages used to generate these slides:

$R$ version: $R$ version 4.2.3 (2023-03-15 ucrt)
Base packages: stats / graphics / grDevices / utils / datasets / methods / base Other packages:

This document was generated on 2023-06-19 at 08:49:33 .

